

Menu

JANUARY
2026



Infants 1 Year Old



M	T	W	T/08	F/09
ALTILO 	ALTILO 	ALTILO 	CHICKEN WITH VEGETABLES (chicken, pumpkin, celery , leek, carrots, potato and olive oil) GRILLED HAKE (mastication) Seasonal fruit Fruit purée	LENTIL STEW SPANISH OMELETTE (mastication) Seasonal fruit Fruit purée
M/12 HAKE WITH CARROTS AND POTATOES (hake, carrots, leek, potsto and olive oil) GRILLED TURKEY BREAST (mastication) Seasonal fruit Fruit purée	T/13 TURKEY WITH POTATOES (turkey, onion, tomato, potato and olive oil) GRILLED HAKE (mastication) Yoghurt Fruit purée	W/14 RICE WITH HAKE AND VEGETABLES (rice, hake, carrots, courgettes, tomato and olive oil) GRILLED CHICKEN BREAST (mastication) Seasonal fruit Fruit purée	T/15 CHICKPEAS WITH VEGETABLES SPANISH OMELETTE (mastication) Seasonal fruit Fruit purée	F/16 CHICKEN WITH PEAS AND CARROTS (chicken, carrots, peas, green beans, potato, olive oil) VEGETABLES (mastication) Seasonal fruit Fruit purée
M/19 RICE WITH HAKE AND VEGETABLES (hake, carrots, beans, peas, olive oil) GRILLED TURKEY BREAST (mastication) Seasonal fruit Fruit purée	T/20 LENTIL STEW SPANISH OMELETTE (mastication) Seasonal fruit Fruit purée	W/21 TURKEY WITH VEGETABLES (turkey, potato, courgette, leek and olive oil) VEGETABLES (mastication) Seasonal fruit Fruit purée	T/22 HAKE WITH TOMATO AND VEGETABLES (hake, onion, tomato, green beans, potato and olive oil) GRILLED CHICKEN BREAST (mastication) Seasonal fruit Fruit purée	F/23 CHICKEN WITH VEGETABLES (chicken, pumpkin, celery , leek, carrots, potato and olive oil) GRILLED HAKE (mastication) Yoghurt Fruit purée
M/26 RICE WITH HAKE AND VEGETABLES (rice, hake, carrots, courgettes, tomato and olive oil) GRILLED CHICKEN BREAST (mastication) Seasonal fruit Fruit purée	T/27 TURKEY WITH POTATOES (turkey, onion, tomato, potato and olive oil) GRILLED HAKE (mastication) Seasonal fruit Fruit purée	W/28 HAKE WITH CARROTS AND POTATOES (hake, carrots, leek, potsto and olive oil) GRILLED TURKEY BREAST (mastication) Yoghurt Fruit purée	T/29 CHICKEN WITH PEAS AND CARROTS (chicken, carrots, peas, green beans, potato, olive oil) VEGETABLES (mastication) Seasonal fruit Fruit purée	F/30 CHICKPEAS WITH VEGETABLES SPANISH OMELETTE (mastication) Seasonal fruit Fruit purée