

# Menu

JANUARY  
2026



Infants 1 Year Old



M	T	W	T/08	F/09
 <b>ALTILLO</b> 	 <b>ALTILLO</b> 	 <b>ALTILLO</b> 	<b>CHICKEN WITH VEGETABLES</b> (chicken, pumpkin, celery, leek, carrots, potato and olive oil) <b>GRILLED HAKE</b> (mastication) Seasonal fruit Fruit purée	<b>LENTIL STEW</b> <b>SPANISH OMELETTE</b> (mastication) Seasonal fruit Fruit purée
M/12	T/13	W/14	T/15	F/16
<b>HAKE WITH CARROTS AND POTATOES</b> (hake, carrots, leek, potato and olive oil) <b>GRILLED TURKEY BREAST</b> (mastication) Seasonal fruit Fruit purée	<b>TURKEY WITH POTATOES</b> (turkey, onion, tomato, potato and olive oil) <b>GRILLED HAKE</b> (mastication) Yoghurt Fruit purée	<b>RICE WITH HAKE AND VEGETABLES</b> (rice, hake, carrots, courgettes, tomato and olive oil) <b>GRILLED CHICKEN BREAST</b> (mastication) Seasonal fruit Fruit purée	<b>CHICKPEAS WITH VEGETABLES</b> <b>SPANISH OMELETTE</b> (mastication) Seasonal fruit Fruit purée	<b>CHICKEN WITH PEAS AND CARROTS</b> (chicken, carrots, peas, green beans, potato, olive oil) <b>VEGETABLES</b> (mastication) Seasonal fruit Fruit purée
M/19	T/20	W/21	T/22	F/23
<b>RICE WITH HAKE AND VEGETABLES</b> (hake, carrots, beans, peas, olive oil) <b>GRILLED TURKEY BREAST</b> (mastication) Seasonal fruit Fruit purée	<b>LENTIL STEW</b> <b>SPANISH OMELETTE</b> (mastication) Seasonal fruit Fruit purée	<b>TURKEY WITH VEGETABLES</b> (turkey, potato, courgette, leek and olive oil) <b>VEGETABLES</b> (mastication) Seasonal fruit Fruit purée	<b>HAKE WITH TOMATO AND VEGETABLES</b> (hake, onion, tomato, green beans, potato and olive oil) <b>GRILLED CHICKEN BREAST</b> (mastication) Seasonal fruit Fruit purée	<b>CHICKEN WITH VEGETABLES</b> (chicken, pumpkin, celery, leek, carrots, potato and olive oil) <b>GRILLED HAKE</b> (mastication) Yoghurt Fruit purée
M/26	T/27	W/28	T/29	F/30
<b>RICE WITH HAKE AND VEGETABLES</b> (rice, hake, carrots, courgettes, tomato and olive oil) <b>GRILLED CHICKEN BREAST</b> (mastication) Seasonal fruit Fruit purée	<b>TURKEY WITH POTATOES</b> (turkey, onion, tomato, potato and olive oil) <b>GRILLED HAKE</b> (mastication) Seasonal fruit Fruit purée	<b>HAKE WITH CARROTS AND POTATOES</b> (hake, carrots, leek, potato and olive oil) <b>GRILLED TURKEY BREAST</b> (mastication) Yoghurt Fruit purée	<b>CHICKEN WITH PEAS AND CARROTS</b> (chicken, carrots, peas, green beans, potato, olive oil) <b>VEGETABLES</b> (mastication) Seasonal fruit Fruit purée	<b>CHICKPEAS WITH VEGETABLES</b> <b>SPANISH OMELETTE</b> (mastication) Seasonal fruit Fruit purée